

**MARIYA TATE BERNHARDT MEMORIAL  
GIRLS MEET RECORDS  
(Meet started in 2016)**

| <u>EVENT</u>                           | <u>HOLDER</u>   | <u>SCHOOL</u>                           | <u>RECORD</u>  | <u>YEAR</u> |
|--|---|---|----------------|-------------|
| 100 METER DASH.....                    | Kelsie Belquist.....  | New Rockford-Sheyenne.....              | 12.55.....     | 2021        |
| 200 METER DASH.....                    | Elise Wisnewski.....  | Central Cass.....                       | 25.65.....     | 2021        |
| 400 METER DASH.....                    | Kelsie Belquist.....  | New Rockford-Sheyenne.....              | 56.44.....     | 2022        |
| 800 METER RUN .....                    | Gracie Wright.....  | Hillsboro/Central Valley .....          | 2:18.77 .....  | 2017        |
| 1600 METER RUN .....                   | Quinn Nepl.....   | Benson County.....                      | 5:27.25 .....  | 2018        |
| 3200 METER RUN .....                   | Reagan Baesler.....   | Hillsboro/Central Valley .....          | 11:32.37 ..... | 2017        |
| 100 METER HURDLES .....                | Kelsie Belquist.....  | New Rockford-Sheyenne.....              | 15.55.....     | 2022        |
| 300 METER HURDLES .....                | Kelsie Belquist.....  | New Rockford-Sheyenne.....              | 44.61.....     | 2021        |
| SHOT PUT .....                         | Kari Fritel.....  | Des Lacs-Burlington/Lewis & Clark ..... | 38'8" .....    | 2017        |
| DISCUS .....                           | Maddie Uhlenkamp.....   | Rugby.....                              | 114'1" .....   | 2017        |
| JAVELIN (Rubber Tipped-New Rules)..... | Kari Wolfe .....  | Harvey/Wells County .....               | 149'0" .....   | 2017        |
| HIGH JUMP .....                        | Janikka Miller .....  | Rugby.....                              | 5'3" .....     | 2022        |
| LONG JUMP .....                        | Elise Wisnewski.....  | Central Cass.....                       | 17'10" .....   | 2021        |
| TRIPLE JUMP.....                       | Brooke Blessum .....  | Rugby.....                              | 35'2½" .....   | 2019        |
| POLE VAULT.....                        | Maria Blessum .....   | Rugby.....                              | 11'0" .....    | 2019        |
| 4 x 100 METER RELAY.....               | Paige Hetzler.....<br>Jenna Koppelsloen<br>Aisha Zaffino<br>Kinsey Zuroff   | Beulah .....                            | 50.16.....     | 2021        |
| 4 x 200 METER RELAY.....               | Sabra Peterson.....<br>Kylie Simpson<br>Claire Brown<br>Morgan Schweitzer   | Bottineau .....                         | 1:49.33 .....  | 2021        |
| 4 x 400 METER RELAY.....               | Kinsey Zuroff.....<br>Jenna Koppelsloen<br>Paige Hetzler<br>Harys Beauchamp | Beulah .....                            | 4:08.10 .....  | 2021        |
| 4 x 800 METER RELAY.....               | Emerson Hoornaert .....   | Carrington .....                        | 10:13.53 ..... | 2017        |
|  | Ashley Neumiller<br>Amanda Jarrett<br>Abigail Jarrett                       |   |                |             |